

Spelling Words

Root-flect, flex

reflection	flexor
genuflected	deflect
reflex	flex
flexibility	reflective

flect, flex = bend

reflection

There was a reflection in the mirror.

genuflected

The knight genuflected when he was being dubbed a knight.

reflex

My knee had a reflex when the doctor hit it with their tool.

flexibility

Gymnasts have flexibility to be able to do the tricks they do.

flexor

Your hip flexor allows you to bend at your hips.

deflect

She tried to deflect the negativity that somebody said about her.

flex

The weight lifter had to flex their muscles to see how much they grew.

reflective

You should have a reflective light on your bike for when you ride at night.